



MESSIAH LUTHERAN SCHOOL PRESCHOOL

MAY 2018-(revised 4-26-18)

*= Baked W6=Whole Grain Ingredients

Plate lunch price \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	<u>MOTHER GOOSE DAY</u> Candlestick French Toast This Little Piggy Sausage Little Miss Muffet Muffin 5 Fruits Fruit Cocktail Jack & Jill Milk	 Meatloaf Mashed Potatoes Peas & Carrots Vanilla Wafers Milk, Fat Free	Hamburger on Bun Salad Fresh Fruit/Seasonal Sugar Cookies Milk, Fat Free	<u>STAR WARS DAY</u> C3PO Soft Taco R2D2 Spanish Rice Hans Solo Salad Princess Leah Sherbet Chewbacca Milk
	7			
Hot Dog Goldfish Crackers Pears Oreos Milk, Fat Free	Cheese Quesadilla Spanish Rice Corn Sherbet Milk, Fat Free	Chicken Nuggets Broccoli Breadstick Fresh Fruit/Seasonal Milk, Fat Free	PAPA JOHNS PIZZA Salad Cheese Garlic Bread Milk, Fat Free 	Waffles Sausage Peaches Yogurt Milk, Fat Free
14	15	16	17	18
Pepperoni Pizza Salad Fresh Fruit/Seasonal Brownie Milk, Fat Free	<u>NATIONAL CHOCOLATE CHIP DAY</u> <u>CHICK-FIL-A DAY</u> Nuggets Fries Chocolate Chip Cookie Milk, Fat Free 	Chicken Rings Fries Cooked Carrots Mandarin Oranges Milk, Fat Free	Corn Dog Corn Fresh Fruit/Seasonal Vanilla Wafers Milk, Fat Free	Toasted Ravioli Green Beans Applesauce Teddy Grahams Milk, Fat Free
	21			
PAPA JOHNS PIZZA Salad Gripz Milk, Fat Free 	<u>MUSICAL INSTRUMENT DAY</u> Clarinet Bosco Stick Trumpet Mixed Veggies Baritone Fruit Cocktail Tuba 100% Juice Bar Piano Milk 	Pancake Sausage Fresh Fruit/Seasonal Yogurt Milk, Fat Free	<u>MAY MADNESS LUNCH</u> HOT DOG CHIPS FRUIT CUPS COOKIE CAPRI SUN	NO LUNCH

All FSC menus follow the USDA guidelines and have been approved by Registered Dietitian Associates, Inc. (does not include alternate entrée).



Food Service Consultants, Inc.
"Serving You With Pride"

