

# August

## Messiah Lutheran Preschool

**FOOD IN  
FOCUS**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	Chicken Rings with Buttered Noodles Golden Corn Sparkling Jell-O	Bagel and Cream Cheese Sausage Patty Frosty Peach Cup Creamy Yogurt
Crispy Chicken Nuggets with Tater Tots Fresh Veggies & Dip Creamy Sherbet	★♥ Golden Grilled Cheese with Vegetable Medley Frosty Peaches Jiggling Jell-O	Italian Chicken Sliders with Tossed Mixed Greens Diced Pears Fresh Baked Brownie	Emoji Waffle with Golden Hash Browns Tropical Fruit Medley Mini Blueberry Muffin	Pub Pretzel with Cheese ★♥ with Tossed Salad with Ranch Dressing Frosty Cherries Chilled Pudding
21	22	23	24	25
Cheeseburger with Bun ★♥ with Smiley Face Potatoes Icy Blueberries Flavored Jell-O	Orange Chicken ★♥ with Steamed White Rice Seasoned Broccoli Fortune Cookie	French Toast Nibblers with Golden Hash Browns Frosty Peaches Yogurt	PAPA JOHN'S PIZZA  with Orange Wedges Oreo Cookies	
28	29	30	31	

**Plate Prices**

Preschool \$ 4.00

★ Gluten Free option can be made with 24 hours notice. Please contact Cindy at [foodservice@msslions.org](mailto:foodservice@msslions.org)

♥ Dairy free option can be made with 24 hours notice. Please contact Cindy at [foodservice@msslions.org](mailto:foodservice@msslions.org)

**MENU IS SUBJECT TO CHANGE**

Contact our dietitian at [lisa@foodserv.org](mailto:lisa@foodserv.org) for special dietary concerns

For more information about FSC or employment opportunities, please go to [www.foodserviceconsultants.org](http://www.foodserviceconsultants.org)

