

August

Messiah Lutheran School

FOOD IN FOCUS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
			Chicken Rings OR Toasted Beef Ravioli with Buttered Noodles Golden Corn Sparkling Jell-O	Bagel and Cream Cheese OR French Toast Sticks with Sausage Patty Frosty Peach Cup Creamy Yogurt
14	15	16	17	18
★♥ Stadium Style Hot Dog OR Crispy Chicken Nuggets with Tater Tot Fresh Veggies & Dip Creamy Sherbet	★♥ Dinosaur Chicken Nuggets OR Golden Grilled Cheese with Vegetable Medley Frosty Peaches Jiggling Jell-O	Pepperoni Hot Pocket OR Italian Chicken Sliders with Tossed Mixed Greens Diced Pears Fresh Baked Brownie	♥ Emoji Waffle OR French Toast Sticks with Golden Hash Browns Tropical Fruit Medley Mini Blueberry Muffin	★ Goey Cheese Pizza OR Pub Pretzel with Cheese with Tossed Salad with Ranch Dressing Frosty Cherries Chilled Pudding
21	22	23	24	25
★♥ Carnival Corn Dog OR Cheeseburger with Bun with Smiley Face Potatoes Icy Blueberries Flavored Jell-O	★ Orange Chicken OR Pork Egg Roll with Steamed White Rice Seasoned Broccoli Fortune Cookie	Pancake & Sausage Bites OR French Toast Nibblers with Golden Hash Browns Frosty Peaches Yogurt	♥ PAPA JOHN'S PIZZA  with Orange Wedges Oreo Cookies	
28	29	30	31	

Sandwich of the Week \$4.85

- Served with Chips & a Cookie
- 8/17 Chicken Snack Wrap
- 8/21 Turkey & Cheese Croissant
- 8/28 BLT Wrap

Salad of the Week \$4.75

- 8/17 BLT Salad
- 8/21 St Louis Style Salad
- 8/28 Greek Salad

Middle School Special \$4.85

- Monday Chicken Rings & Tator Tots
- Tuesday Appetizer Trio
- Wednesday Chicken Pot Pie
- Thursday Bacon Cheese Dog & FF ★♥
- Friday Bosco Stick & Salad

Plate Lunch Prices

- K-2nd \$4.50
- 3rd-8th \$4.85
- Extra Entrée \$1.95
- Extra Pizza Papa Johns Day \$3.00

Available Daily

- Snack Rack & Drink Cooler
- Many offerings & various prices
- ★ Gluten Free option can be made with 24 hours notice. Please contact Cindy at foodservice@mllslions.org
- ♥ Dairy free option can be made with 24 hours notice. Please contact Cindy at foodservice@mllslions.org

MENU IS SUBJECT TO CHANGE

Contact our dietitian at lisa@foodserv.org for special dietary concerns

For more information about FSC or employment opportunities, please go to www.foodserviceconsultants.org

